

	Year 13 Health and Social Care					
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
BIG Q Content (max 5)	How are the major systems in the body structured and what are their functions? 1. Cardiovascular 2. Respiratory 3. Digestive 4. Musculoskeletal 5. Nervous What are the impacts of these conditions and how are they treated? 1. Angina 2. Deep vein thrombosis 3. Asthma 4. Bacterial pneumonia 5. Carpal tunnel syndrome 6. Osteoarthritis 7. Ischaemic strokes	How are the major systems in the body structured and what are their functions? 1. Endocrine 2. Reproductive What are the impacts of these conditions and how are they treated? 1. Gallstones 2. Bowel polyps 3. Type 2 diabetes 4. Endometriosis 5. Testicular cancer	What are the aims of public health? 1. Know the aims of public health 2. Know the key themes in public health 3. Understand factors that affect public health What are the current strategies to improve public health? 1. Understand strategies used to improve public health 2. Settings practitioners and organisations involved in improving public health What are the key pieces of advice and guidance provided on sexual health, pregnancy and postnatal health? 1. Understand different definitions of safe sex 2. Understand the types and impacts of sexually transmitted infections and sexual health issues. 3. Have knowledge of different sources of support	What factors affect conception and how? 1. Biological cycles 2. Screening 3. Addressing fertility issues 4. Factors leading to high risk pregnancies 5. Effect on holistic health What is a healthy pregnancy? 1. Lifestyle choices 2. Screening 3. High risk pregnancies 4. Support What happens during pregnancy and birth? 1. Trimesters 2. Stages of labour 3. Impact on holistic health How should public health challenges be addressed? 1. Theories 2. How to design a proposal 3. Select appropriate methods and sources What is the role of health organisations?	What post natal support is available and how does it support families? 1. Feeding 2. Recovery 3. Statutory, voluntary, informal and private support services 4. Impacts on holistic health How should you Plan, deliver and review an advice and guidance session? 1. Aims and objectives 2. Structure 3. Research 4. Awareness of audience 5. Communication skills How to address a public health challenge? 1. Planning and resourcing 2. Monitoring and evaluating the plan	

