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Tuesday 15<sup>th</sup> June 2021

Dear Parents / Carers,

We have been advised that there has been confirmed case of COVID-19 within year 7 and year 8. We wish them and their family a speedy recovery.

As a result, we initiated our response and the small number of children who have been in close contact with the individuals who have tested positive for coronavirus (COVID-19) have received a letter informing them that their child must stay at home for 10 days.

All necessary measures and actions have taken place and following our investigation the correct families have been contacted. Unless you have been contacted by us your child should come into school as usual and you have no cause for concern.

All students will be provided with Lateral Flow Tests to complete at home twice a week. The results of these tests should be recorded at <a href="https://www.stmca.org.uk/submit-covid-19-result/">https://www.stmca.org.uk/submit-covid-19-result/</a> and on the NHS website <a href="https://www.gov.uk/report-covid19-result">https://www.gov.uk/report-covid19-result</a>. If your child does not have the Lateral Flow Tests, please ask them to go to student services who will provide them.

The school remains open and your child should continue to attend as normal if they remain well. If you child is displaying any of the three main symptoms or any of the milder symptoms, we encourage you to book a test for your child.

If your child is asked to isolate work will be available in Microsoft Teams. However as homework and resources are uploaded onto Microsoft Teams I encourage you to ensure your child is able to use Microsoft Teams from home.

## What to do if your child develops symptoms of COVID 19

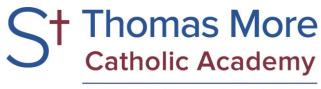
If your child develops symptoms of COVID-19, they **must not** come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <a href="https://www.nhs.uk/ask-for-a-coronavirus-test">https://www.nhs.uk/ask-for-a-coronavirus-test</a> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.



# All Saints Catholic Collegiate







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Further information is available at: <a href="https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection">https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</a>

The 10-day period starts from the day after the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

#### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

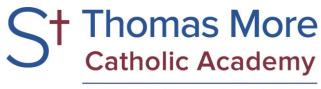
- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

### For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/">https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</a>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <a href="https://111.nhs.uk/">https://111.nhs.uk/</a> or by phoning 111.









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## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

Thank you for your continued support

Yours sincerely

Mr M Rayner Headteacher

