

Stop the spread of COVID-19

If you have any symptoms — Stay at home — Get tested

Symptoms

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Book a test

www.nhs.uk/ask-for-a-coronavirus-test

Stay at home (self-isolate) – do not leave your home or have visitors. Anyone you live with, and anyone in your support bubble, must also self-isolate.

Contact School

Let school know

- Student name and year
- Who has symptoms
- What the symptoms are
- When they started
- When the test is booked

You must self isolate until you get the results of the test.

Students will be provided with work to complete at home if they are not symptomatic.

Tel: 01782 882900

Negative Test Result

Student can return to school if they are not symptomatic.

Positive Test Result

If the student has the positive result, they must isolate for 10 days from the start of the symptoms.

If it is someone else in the house, the student must self-isolate for 14 days.

If the student presents with symptoms within the 14 days then they need to get tested. If it is positive they must isolate for 10 days from when the symptoms started.

If negative they must isolate for the remainder of the 14 days.

Please update the school if symptoms do start.

Students with symptoms in school

Students who present with Covid-19 symptoms during the school day will be escorted to a separate medical room. Staff will contact home to be collected immediately. We appreciate your co-operation with this.

If you are worried about your symptoms call 111

If your baby or child is getting worse or you think there's something seriously wrong, call 999

**S⁺ Thomas More
Catholic Academy**

FAITH | EXCELLENCE | RESPECT

Student Guidance

If you have any symptoms — Stay at home — Get tested

Equipment

- You will need to bring all of your own equipment to school each day. No equipment will be loaned to students
- PE Kit needs to be brought in a separate bag

Hand Sanitiser Stations in each classroom

Students will be required to wash or sanitise their hands;

- On arriving to school
- When returning from break
- Before and after eating

Student Drop Offs

No cars will be allowed on site for student drop offs and pick ups due to various entrance points being used for students.

All students should use the pedestrian gates.

Entrance and Exits

Year 7: Music Gates, wait on music yard

Year 8: Side Gate by 3G, wait by D&T

Year 9: Student Entrance, wait on Angels Walkway

Year 10: Fire Exit by Student Entrance

Year 11: Student Entrance, wait in Dining Hall

6th Form: Music Gates

Lunch Breaks

3 different lunch breaks in different areas

Year 7: Lunch B Dining Room / 3G

Year 8: Lunch A Dining Room / Tennis Courts

Year 9: Lunch A Main Hall / Hatch / 3G

Year 10: Lunch C Dining Room / Tennis Courts

Year 11: Lunch C Main Hall / Hatch / 3G

Social Distancing

Students will be expected to observe social distancing where possible, this includes

- Facing forward in class where possible
- Not to touch any other students or members of staff
- Observe any line markings in place
- On arriving to school, proceed straight to your learning zone by the most direct route and do not arrive before 8.30am

Other

Students should not be dropped off on the school carpark. They should enter school via the pedestrian gate **only**.

Parents wishing to come into school must book prior to attending so the school can control the volume of visitors at any one time.

Masks

If a student or parent feels a student needs to wear a mask in communal areas due to medical or other reasons we will need to complete a short risk assessment by phone with our first aider