

## Statement of purpose

### Who is the OCR Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity for?

This qualification is for learners 16 years old or over who want to study sport, leisure or fitness.

This qualification is not just about being able to play sport, it will provide learners with the skills, knowledge and understanding to progress into Higher Education on a sport-related programme such as Sport and Physical Education, Sport Science, Sport Coaching and Development or Sport and Leisure Management.

The qualification is designed to be taken as part of a study programme alongside other vocational qualifications or A levels, such as Cambridge Technicals in Business, A level Biology, A level Physics or Cambridge Technicals in Science.

### What does this qualification cover?

Learners will take between five and six units made up of mandatory and optional units:

Everybody will study the following mandatory units:

- Body systems and the effects of physical activity
- Sports coaching and activity leadership
- Sports organisation and development

These units will give learners an understanding of sport in the wider contexts of coaching and leadership, anatomy and physiology, the body's short- and long-term responses to physical activity and the framework of sport in the UK and the organisations involved. Learners will also develop transferable skills such as planning, communication, adaptability and leadership.

### Is this qualification right for my learners?

This qualification is part of a suite of Cambridge Technicals in Sport and Physical Activity at Levels 2 and 3 with the Level 2 qualifications designed for learners who are 16 years old or over and aren't yet ready to undertake a Level 3 study programme, but wish to study and/or be employed in the sport and physical activity sector. It is recommended that learners starting this qualification will have achieved sport or physical education qualifications for example GCSEs in PE at grade 4/grade C or above or level 2 vocational qualifications, e.g. OCR Level 2 Cambridge National in Sports Studies or Sport Science. It is also recommended that you have grade 4/grade C or above in Maths and English GCSE.

There are five sizes of qualification available in the Level 3 Cambridge Technical in Sport and Physical Activity suite:

OCR Level 3 Cambridge Technical Certificate in Sport and Physical Activity

OCR Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity

OCR Level 3 Cambridge Technical Foundation Diploma in Sport and Physical Activity

OCR Level 3 Cambridge Technical Diploma in Sport and Physical Activity

OCR Level 3 Cambridge Technical Extended Diploma in Sport and Physical Activity Development



## Sport & Physical Activity Cambridge Technicals Level 3 Certificate Suite Qualification Handbook



# 1 Qualification overview

## Size and purpose at a glance

This suite is made up of five qualifications and they share some common units.

Units 1, 3, 4, and 21 are assessed by exam and marked by us. The remaining units are internally assessed by your centre staff and moderated by OCR.

### Cambridge Technical Certificate In Sport and Physical Activity

180 GLH equivalent to one AS level in terms of size

- Unit 1 and 2 (90 GLH each) are mandatory
- one externally examined unit and one centre-assessed unit moderated by OCR.

It will provide learners with the opportunity, through applied learning, to develop core principles and knowledge and understanding required in the sport and physical activity sector.

### Cambridge Technical Extended Certificate In Sport and Physical Activity

380 GLH equivalent to one A level in terms of size

- Unit 1, 2 (90 GLH each), and Unit 3 (60 GLH) are mandatory
- Plus a minimum of 120 GLH chosen from the optional units (30 and 60 GLH).

It will provide learners with the opportunity, through applied learning, to develop the core specialist knowledge, skills and understanding required in the sport and physical activity sector.

### Cambridge Technical Foundation Diploma In Sport and Physical Activity

640GLH equivalent to one and a half A levels in terms of size

- Units 1, 2 and 4 (90 GLH each), Unit 3 (60 GLH) and Unit 11 (30 GLH) are mandatory in all pathways
- Unit 6 (60 GLH) is mandatory in the Fitness Instructing pathway
- Unit 8 and 14 (60 GLH each) are mandatory in the Recreational Assistant pathway.
- The remaining GLH for each pathway must be chosen from the optional units (30 or 60 GLH).

It will provide learners with the opportunity to develop the core knowledge, skills and understanding required by the sport and physical activity sector and to develop further skills by completing a wide range of units through a choice of specialist pathways:

- Activity Leadership
- Fitness Instructing
- Recreational Assistant.

## Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity at a glance

Qualification number (QN)	601/7094/3	OCR Entry code	05827
First registration date	01/09/2016	Approved age range	16-18, 19+
Guided Learning Hours (GLH)	360	UCAS points	You'll find further information on the <a href="#">UCAS website</a> .
Total Qualification Time (TQT)	423	Performance information	See section 2 <a href="#">Performance information</a> .
Exam sessions each year	January and June	Eligible for funding	It's designed to meet the funding requirements of a 16-19 study programme.

Entry requirements	There are no formal entry requirements for this qualification.
This qualification has been designed	<ul style="list-style-type: none"> <li>For learners who are on a 16-19 study programme</li> <li>To meet the Department for Education's characteristics for an Applied General qualification.</li> </ul>
This qualification is suitable for learners	<ul style="list-style-type: none"> <li>Who want to gain a Level 3 qualification to support further study in Further Education (FE) or Higher Education (HE) in sport and physical activity</li> <li>Looking to gain a Level 3 qualification to support further study in FE or (HE) in any other sector or subject area</li> <li>Who want to progress into sport-related apprenticeships.</li> </ul>

Qualification structure	Learners must achieve a minimum of 360 guided learning hours consisting of the three mandatory units totalling 240 GLH and optional units totalling a minimum of 120 GLH.
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Assessment method/model	Units 1 and 3 are assessed by exam and marked by us. All the other units are internally assessed by centre staff and externally moderated by us.
Grading	The units are graded Pass, Merit and Distinction. The qualification is graded Pass, Merit, Distinction, Distinction*

Examination results	Learners can resit an examined unit once before they complete the qualification.
Repeat submission of learners work	If you and the learner feel they haven't performed at their best during the assessment, the learner can, at your discretion, improve their work and resubmit it to you for assessment. You must follow our requirements on authenticity and feedback in section 8.